

Low-light indoor plants make a great addition to your interior design and can be used in every room, regardless of sunlight amounts. Houseplants offer refuge from stress, and they even help clean the air. Let's take a look at some popular choices so you can enjoy their benefits too.

Finding Good Indoor Plants for Low Light

The following popular houseplants all do well in low light, but they do have differences you'll need to know to customize your decorating.

Golden Pothos (*Epipremnum aureum*)

Golden pothos is one of the most popular houseplants, surviving very low light conditions and with almost no water. It's almost indestructible, making it a great houseplant choice for newbies. Golden pothos produces attractive, easy-to-grow vines with smooth, heart-shaped leaves. The leaves on some varieties are variegated, but to keep that feature, you'll need to be sure your plant gets more than very low light. The vines on this plant grow quickly, so they look great in hanging planters or on top of a bookcase where their vines can trail. This plant is toxic, so keep pets away.

Snake Plant (*Dracaena trifasciata*)

The snake plant is also a good choice for beginners as it requires little light and infrequent watering. This stunning plant features stiff, sword-like leaves, and it can grow up to eight feet tall. Snake plants make a great statement in an otherwise empty corner. Play up the look of this unique plant by potting it in an irregular-shaped pot. Snake plants can vary in color although many have green-banded leaves featuring a yellow border. Spring flower stalks are rare, but you may see them if you place your plant in very bright light. They're easy to propagate and make thoughtful gifts for friends. Just be sure those friends don't have fur babies. Snake plants are toxic to cats.

Staghorn Fern (*Platycerium bifurcatum*)

Staghorn fern produces fronds that look like the forked antlers of a male deer, or stag. This is an epiphytic plant, meaning it grows on other plants and gets its nutrients from the surrounding air and water. This plant is fun to drape from metal hanging baskets or a piece of untreated wood. Create a growing medium for the fern using one part wood chips (1-inch pieces), one-part organic potting soil and one part sphagnum moss. Place the fern in the growing medium, making sure the fronds touch the wood and/or the growing medium. Secure the plant with metal wire or plastic stripping. This plant loves high humidity and creates a spa-like look in bathrooms. They're not toxic to pets.

Spider Plant (*Chlorophytum comosum*)

The spider plant gets its name from the spider-like spiderettes, which hang from the mother plant like spiders on a web. Thanks to their thin, arched foliage in solid green or variegated white, this plant has been a classic in homes since the Victorian era. These easy-to-grow houseplants look great in a hanging basket or potted on your desk. They like well-drained soil, low humidity and indirect light. Share these easy-to-propagate plants with friends or add them to your collection. While not considered toxic, they contain chemical compounds that can cause upset stomachs, vomiting and diarrhea in pets.

ZZ Plant (*Zamioculcas zamiifolia*)

The ZZ plant is credited with increasing creativity and decreasing stress. It requires little light, water or humidity, making it super hardy and good for beginners. The sheen on its dark green, waxy leaves is stunning. Don't use products that promise to increase sheen, or you'll clog the leaves and damage the plant. The ZZ plant can grow up to 12 feet tall, so pot it in the corner in a large-scale room for wow power. Small plants look great on tabletops in neutral pots that won't distract from the plant's unique look. Bigger plants can go on the floor or plant stand, as long as the stand can support its weight. The ZZ plant is toxic to humans and pets.

Prayer Plant (*Maranta leuconeura*)

The prayer plant gets its name from an unusual feature. During a 24-hour period, this plant's leaves rise in the evening and lower during the day, like hands in prayer. Most types of prayer plants have variegated leaves, which add to their overall appeal. They look great hanging in baskets or potted near a window where they'll receive indirect sunlight. (Direct sunlight can burn them.) Prayer plants are tropical and require consistently moist — not wet — soil. They thrive in humid environments, so stash them in your bathroom, kitchen or laundry room to add color to those rooms. It just wouldn't seem right if the prayer plant were toxic, now, would it? Well, phew, it's not!

Lucky Bamboo (*Dracaena sanderiana*)

For thousands of years, the lucky bamboo plant has been a symbol of good fortune and prosperity, and it's said to bring luck to its owners. Lucky bamboo prefers low light, and it doesn't need soil or fertilizer to grow. In fact, you can plant it in distilled or purified water. The branches of the lucky bamboo are naked, ending in tufts of long, thin leaves. The leaves develop into the plant stalks, which can be shaped into designs using wires. Plant lucky bamboo in wood planters, adorned with pebbles. Set them against a white background in your home or office for a distinct look. They're toxic to pets.

Rubber Plant (*Ficus elastica*)

The rubber tree plant gets its name from its milky white sap, which contains latex. The sap was once used to make rubber. Indoors, rubber plants can grow into small trees with a maximum height of 10 feet. Buy them when they're young so they can adapt to growing indoors and restrict their growth by keeping them in small pots. This tropical plant likes bright, indirect light, and it does better in moist soil. Rubber plants potted in bamboo or tin pots look fantastic in boho-style bedrooms. Keep out of reach of small children and animals as the sap in these plants is poisonous.

Bromeliad Plants (Bromeliaceae)

Bromeliads are a family of tropical plants that include the pineapple plant and other colorful members. Bromeliads use their roots for balance— not for transferring nutrients. The leaves take in all the water and nutrients the plant needs. When watering your plant, be sure to direct thrive on a coffee table or countertop a few feet away from a window. Bromeliads can grow by soil-free methods, which is perfect for pet owners who want to avoid the mess their animals make by digging in houseplants' dirt. This plant is not toxic to pets.

Succulents (Sucus)

Almost 60 plant families contain succulents, including the Cacti and Aloe families. Because they're so varied, you can find succulents in every shade, including blue, purple, pink, orange, red and green. Succulents originated in the desert, so they don't like humidity. Let their soil dry completely between watering. Succulents are perfect for terrariums because they grow slowly but be sure you've lined the container with the right medium — like fine gravel or rocks — or the condensation from watering can kill your plants. Succulents are not toxic to pets.

Still unsure which houseplants make the best low light indoor plants? Try a few, to see which ones are best for you.